



SPORTY ALL-ROUNDER

The Aduro 2.0 bicycle helmet from ABUS is the perfect companion for trips through the city. Secure, individually adaptable and particularly comfortable.

A helmet prevents serious head injuries during falls - during sports and in everyday life. Therefore a helmet should always be worn when cycling. A current helmet, such as the Aduro 2.0 road helmet from ABUS with its dynamic design looks particularly sporty and modern. The very good ventilation properties ensure pleasant wearing comfort and the Aduro 2.0 also leaves nothing to be desired in terms of colour selection.

Technologies

- Reflector Sticker: for better visibility in the dark
- Bug Mesh: keeps flies and other bugs off your head without messing with the helmet's ventilation
- Clip-on Rear Light: attaches to the back of the helmet and ensures greater visibility
- Two different light modes (Rear Light): Steady for continuous light and Flash for brightly flashing light in at short intervals
- Operating time per mode in h (min.): depending on the weather conditions and type of use, the available usage time of the light is at least 24 hours in continuous mode and in flashing mode at least 45 hours
- Clip on peak: removable peak attached with pins to protect against sunlight
- Zoom™ Spin adjustment system: rotary wheel at the back of the head for individual adjustment of the helmet to the head size
- Flap Divider™: strap divider for individual adjustment of the straps below the ears – with clamp fastener to fix the set position

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- Comfort Pads: soft padded inserts for optimum comfort, attached to the helmet with Velcro
- Removable, washable pads: can be removed and washed by hand or replaced if necessary
- Push-in buckle: for safe and practical handling, the straps are fitted with a classic chin lock (three-pronged connection) for opening and closing
- In-mould process: production process in which the inner cushioning material made of expanded polystyrene (EPS) is foamed directly into the outer shell made of polycarbonate (PC) – this creates a durable and robust connection

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Additional safety features	Reflector Sticker, Bug Mesh
Battery capacity	210
Chin buckle	Push-in buckle
Different light modes	Yes
Finish	matt
Forced Air Cooling	No
Head size	52-58 cm
Headring	Full ring
Helmet type	Trekking helmet, Urban helmet
Light	Yes
Light modes	steady, flash
Light type	Rear Light
Lower edge	No
Luminous flux	2
Minimum operating time depending on mode	24
Mips	No
Mounting type of the light	clip on light
Peak	clip on peak
Ponytail Fit	No
Rechargeable battery/battery type	CR2032
Removable pads	Yes
Size	M
Suitable for	Teenagers, Adults
Visor	No
Washable pads	Yes
Weight	295 g
backlight	Yes
color of facets	grey, grey
design color	titan

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